21 FEB 16 PM 2: 16

## **Draft Meeting Minutes**

#### 1. Welcome/Introductions 2021

<u>Participants</u>: Michelle Hill, Cassie Schend, Bonnie Smith, Cynthia Zingler, Holly Hansen, Greg St. Pierre, Kimberly McTighe, Allison Nadeu-Shadon, Robin Kohler, Dustin Yager,

#### 2. Review of 12/16/20 minutes

Holly motioned to accept 12/16/20 as presented, Cassie seconded

## 3. Real Talk Vernon Updates

- a. <u>Recruitment:</u> Started putting flyers in the High School and sharing them with teachers.
- b. <u>Fact of the Day:</u> Real Talk is going to share a fact of the day for a week to increase visibility at RHS and show students what Real Talk does. The fact of the day will be posted on Real Talk Instagram and shared on the morning announcements.
- c. <u>Training:</u> Real Talk will be hosting a study habit and organization training in the middle of February for all RHS students. Real Talk aims to give students skills to feel less overwhelmed by school, especially with hybrid or virtual learning.
- 4. **MVPP**: Talking to the Manchester coalition to do a school survey around the same time of year. Collaborating with the Manchester coalition to adapt a health curriculum to a virtual event that discusses different aspects of the curriculum. Looking to plan a virtual Hidden in Plain Sight over zoom for both Manchester and Vernon, parents.
- 5. **School Survey:** Attempting to think of incentives for higher response rate. Average completion time for the survey is 12 minutes. Surveys will be done between VCMS and RHS.

## 6. CADCA National Prevention Day

CADCA will be virtual. The Monday of CADCA (Prevention day), there will be free sessions. Email Cassie to get the link to sign up. Date: February 1st.

### 7. Update- Tobacco Compliance Checks

Michelle checked in with the Community Police Officer regarding tobacco compliance checks, right now it is best to wait because of COVID.

# 8. AmeriCorps Substance Abuse Prevention VISTA (Volunteer in Service to America)

This is an opportunity to serve as a full-time volunteer and help recruit new members for ROCKS Coalition. The position is 35 hours a week for one year. Email Cassie or Holly with any recommendations to advertise the listing or if you know anyone who might be interested.

## 9. Meeting Time

Everyone was in agreement that the current meeting is still the best time to meet.

### 10. Other Announcements

Seven workshops from January- June. Fun workshops for parents and children on overall skills- cooking, internet safety etc. Robin Kohler has further information.

Next Meeting: 2:15 February 17th