

# Vernon PARKS & RECREATION

WINTER  
SPRING  
2009

Look for our  
Spring & Summer  
Guide in April

OFFICE HOURS: MON.- FRI. 8:30-4:30 • 120 SOUTH STREET, VERNON, CT 06066 • (860) 870-3520 • FAX: (860) 870-3525 • WWW.VERNON-CT.GOV



THE  
Benefits Endless  
ARE

**STAFF DIRECTORY**

**GENERAL PHONE NUMBER:**

**870-3520**

**WEBSITE:**

**WWW.VERNON-CT.GOV**

DIRECTOR:	BRUCE DINNIE
ASSISTANT DIRECTOR:	STEVE KRAJEWSKI
ADMINISTRATIVE ASSISTANT:	DIANE GARNELIS
RECREATION SUPERVISOR:	BRUCE WATT
RECREATION SUPERVISOR:	AMY LOCANDRO
PARK SUPERVISOR:	DAVE BOWER
PARK MAINTAINER:	MITCH REID
PARK MAINTAINER:	MARK LUCAS
PARK MAINTAINER:	ROB ARTHUR
PARK MAINTAINER:	D.J. LUPACCHINO
PARK MAINTAINER:	MIKE MANFRE

**FREQUENTLY REQUESTED NUMBERS**

Rockville Little League-Hans Peterson	875-1832
Vernon Little League-Joe Kurowski	
Babe Ruth Baseball- Joe Pane	997-0536
Girls' Little League Softball-Steve Turgeon	872-9790
Vernon Youth Soccer-Stu Jones	875-9408
Vernon Youth Football-Tom Lukas	871-7345
Youth Hockey-Jim Larza	529-5295
Youth Lacrosse-Bruce Gezelman	870-9461
Over 55 Softball-Joe Nolette	420-9345
Junior Women's Club-Nancy Carter	871-2233
Vernon Town Hall	870-3599
Vernon Public Works	870-3500
Vernon Animal Control	870-3558
Indian Valley Y.M.C.A.	872-7329
Vernon Orioles-Steve Krajewski	870-3520



## **REGISTRATION AND GENERAL INFORMATION**

**CONSIDER YOURSELF REGISTERED** – if you do not hear from us. You will be notified if a change occurs or if the program is filled. You are automatically put on the waiting list and your payment returned if the class is filled at the time your registration is received. Assume classes will begin on the dates listed. If you would like a receipt, please enclose a SASE with your registration. All programs are open for registration unless otherwise noted in the program description.

**INSURANCE** – All persons participating in Recreation programs should carry their own personal health insurance. The Town of Vernon is not responsible for personal injuries. Participants in all Department sponsored programs participate at their own risk. Only those enrolled in the program may attend.

**ADA** – The Town of Vernon does not discriminate on the basis of race, color, national origin, sex, religion, age, or disability in provision of programs and services. We are committed to assuring equal access to programs, activities, and services to all individuals. If you or a family member needs assistance, please let us know when you register.

**CLASSES** – We reserve the right to limit class size and to cancel classes failing to meet minimum requirements. Vernon residents are given preference for all programs during the 1st week of registration.

**PAYMENT** – Registration is not considered valid until the program fee is paid. We except cash or checks only.

**REFUNDS** – are given only prior to the start of classes or if we cancel the program. Once an activity has started no refunds will be granted except in the case of injury, illness, or relocation. Refunds will then be given on a pro-rated basis and are under the discretion of the Parks and Recreation Director.

**INCLEMENT WEATHER** – In the case of inclement weather, the Parks and Recreation Department reserves the right to cancel programs for the day. All decisions on programs will be made by 4:00 p.m. unless your program starts earlier. A decision will be made by 9:00 a.m. for weekend and morning programs. Please contact the Recreation Office at 870-3520. The Department will attempt to post any program cancellation information on 1080AM and WFSB Channel 3.

**SCHOLARSHIP PROGRAMS** – It is our policy that residents of Vernon who cannot afford to participate in programs or activities can make confidential inquiries for assistance to Bruce Dinnie, Director of Parks and Recreation (870-3520)

**MAILING LIST** – If you would like to receive this brochure and future brochures in the mail please send a check for \$3.00 to the Vernon Parks and Recreation Department. You will be placed on our annual mailing list and will receive all 3 brochures for the year.

**NO CLASS DATES** - Class and Programs that are not scheduled for a certain date i.e. holiday, are marked with a NC and followed by dates that the class will not meet.

## YOUTH PROGRAMS

### PRESCHOOL FITNESS

The focus of this program is to get children involved in physical activity at an early age. Classes include exercise, dance, body awareness, and fun games. Motor and listening skills will also be emphasized.

Parents must participate in the Age 2 class.

Fridays

Session 1: January 9 – February 13

Session 2: February 27 – April 3

Mom & Tots (2-3yrs): 9:30-10:15am

3-5 yrs: 10:15-11:00 am

Vernon Teen Center

Fee: \$30 Residents \$35 Non Residents



### PARENT/CHILD PIGGY BANK

In this one-day workshop children ages 3-5 will personalize their very own ceramic piggy bank with the help of mom or dad. Once complete, the bank is fired in a kiln and returned to the Parks and Recreation Department.

Tuesday

February 24

10:00-11:00a.m.

Vernon Teen Center

Fee: \$15 Residents \$20 Non-Residents



### PARENT/CHILD KEEPSAKE PLATTER

Children ages 3-5 years old will work with their parent to decorate a functional round platter. The child can put their handprint in the center and together they can paint the rest. The platter will be microwave, oven and dishwasher safe. Once complete the platter will be fired in a kiln and returned to the Parks and Recreation Department for pick up.

Tuesday

March 10

10:00-11:00a.m.

Vernon Teen Center

Fee: \$15 Residents \$20 Non-Residents

### PEE WEE TRACK

This program is open to children ages 3 to 5 years old. Learn the fundamentals of track running. Here is the opportunity to meet new friends, release that bundle of energy and have fun learn the sport behind running! Participants will play fun drills and activities to develop an appreciation and love for running track. All participants will receive a T-shirt. This program will meet once a week for 6 weeks and will most likely begin in mid-April.

Ages 3-5

Date & Time: TBA

Rockville High School Track

Fee: \$40 Resident \$45 Non-Resident



### AEROBICS FOR KIDS

This program is open to children 5 to 8 years old. Get your child interested in being fit and exercise in this fun-filled class. Let your child know that exercising is fun!

Tuesdays

Session I: January 6 – February 10

Session II: February 24 – March 31

6:00-6:45 p.m.

Vernon Teen Center Fitness Room

Fee: \$30 Residents \$35 Non Residents



### ZUMBA FOR KIDS

This NEW program is for children in grades 2-5. Zumba is sure to get these children pumped up for fun and exercise! Zumba combines high/low energy and motivation music with unique moves and dance.

Saturday s

February 7-April 4 (no class February 21)

10:00-10:45am

Vernon Teen Center Fitness Room

Fee: \$40 Residents \$45 Non-Residents

### KARATE

This karate program is for children ages 5-12 years old. The Dragons and Advanced is for children 5-8 and the Preteen program is for children 9-12 years old. Martial Arts will help your child develop self-defense, self-control, self-discipline and confidence. Trained instructors, under the direct supervision of Kempo Master Rod Fuller of Hidden Dragon Karate, will teach the program. Program runs for 6 weeks.

Wednesdays

Section A: January 21 – March 4 (no class February 18)

Section B: March 11 – April 15

Dragons (Beginner): 5:00-5:45 pm

Advanced: 6:00-6:45 pm

Preteen: 7:00-7:45 pm

Vernon Teen Center

Fee: \$40 Residents \$45 Non-Residents

### ACTING CLASSES

This program is designed for children in kindergarten through sixth grade. Taught by the Performing Arts Program, children will learn theater games, concentration exercises, basic voice and speech, imagination play and much more!! Returning students will work on and learn new things. All materials are included.

This is a 7 week program.

Thursday

February 5 – March 26 (no class on February 19)

K-2<sup>nd</sup> Grade: 4:30-5:15p.m.

3<sup>rd</sup>-6<sup>th</sup> Grade: 5:20-6:30p.m.

Vernon Teen Center

Fee: \$95

To register call toll free 1-866-650-584. Register on line at [www.PerformingArtsPrograms.biz](http://www.PerformingArtsPrograms.biz)



### SUPERBOWL SUPERBANK

Sport-lovers of all ages are welcome in this one-day workshop where you will decorate a ceramic football helmet bank. Decorate it as your favorite team or any way you would like! Once the piece is decorated, the instructor will fire it in a kiln and it will be ready for pick up at the Parks and Recreation Department a week after class.

Thursday

January 15

4:00-5:00p.m.

Vernon Teen Center

Fee: \$15 Resident \$20Non-Resident



### BE MY VALENTINE

In this one-day workshop artists will get to decorate their own hanging ceramic heart plaque just in time for Valentine's Day. The heart can be painted as a gift or decoration, and then can be hung by a pretty beaded wire that is provided. After the heart is painted, the instructor will fire it in a kiln and it will be ready for pick up at the Parks and Recreation Department a week after class.

Tuesday

February 3

4:00-5:00p.m.

Vernon Teen Center

Fee: \$15 Resident

\$20Non-Resident



### **PAINT A GIANT EASTER EGG**

This one-day workshop is open to all ages. Artists will paint an egg shaped box to decorate to store all your Easter goodies. There will be stencils and design ideas, but each artist can personalize their egg any way they want! Once the piece is painted, the instructor will fire it in a kiln and it will be ready for pick up at the Parks and Recreation Department a week after class.

Tuesday

March 24

4:00 – 5:00p.m.

Vernon Teen Center

Fee: \$15 Resident \$20 Non-Resident



### **WELCOME SPRING POTTERY**

Ring in the springtime season with a fun paint-your-own-pottery project! Artists of all ages may choose between a baseball or flower box upon registering and decorate them in colorful springtime colors. Once the piece is painted, the instructor will fire it in a kiln and it will be ready for pick up at the Parks and Recreation Department a week after class.

Thursday

April 9

4:00 – 5:00p.m.

Vernon Teen Center

Fee: \$15 Resident \$20 Non-Resident

### **BABYSITTER TRAINING COURSE**

This American Red Cross course provides individuals, ages 11 to 15, with the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. This training will help participants develop skills in leadership and professionalism; basic care; safety and safe play; and first aid. Course handbooks are provided and students are required to complete homework assignments. Upon successful completion of the course, students will be given a certification card. Participants must attend all classes to receive certification.

Saturday

March 21

9:00-3:00p.m.

Vernon Teen Center

Fee: \$65 Residents \$70 Non-Residents

### **VERNON TRACK CLUB**

The Vernon Parks and Recreation Department and Rockville Bank will be sponsoring a track program for boys and girls in grades K-8. This program has track meets with neighboring towns, which requires you to transport your child to and from those towns. NOTE: Meets typically occur on Wednesdays.

Tuesdays & Thursdays

Date: TBA (anticipating mid-April)

5:45 – 6:45p.m.

Rockville High School Track

Fee: \$25 per child  
\$45 per family

### **SPORTS NUTZ**

If your 3- to 5-year-old child already believes they are the next NBA Superstar or Baseball All Star, here is your opportunity to release some of that energy and enjoy their first sports experience. This instructional, coed program, teaches the fundamentals of four different sports (Basketball, Baseball, Soccer, Track & Field) to young players using a variety of fun drills and activities designed to develop athletic skills and a love for the game. Program focuses on the most basic fundamentals of sport. All participants receive a T-shirt. Class size is limited to 20 participants.

Activity #4121

Ages 3-5

When: Saturdays March 21-April 11 Time: 10 to 11 a.m.

Where Vernon Teen Center

Fee: \$25 Resident \$30 Non-Resident



### **PEE WEE BASEBALL**



An instructional, coed program, that teaches the fundamentals of baseball to young players using a variety of fun drills and activities designed to develop skills and a love for the game. Art Wheelock and the Rockville High coaches, and their players provide instruction and discuss the importance of having fun and good sportsmanship.

The program meets for 6 weeks.

Activity #: 2107 Section A

Class size is limited! Deadline April 12.

Who: Coed, Ages 6-8 When: Saturdays April 18– May 23 Time: 10:00 a.m.—11:00 a.m.

Where: Rockville High School Baseball Field Fee: \$30 Residents or \$35 Non-Residents

Register at the Lottie Fisk Building in Henry Park or call 870-3520 for more information.

### **LOU BAZZANO PEE-WEE BASKETBALL**

An instructional, coed program, that teaches the fundamentals of basketball to young players using a variety of fun drills and activities designed to develop basketball skills. Class size is limited! Participants will receive a T-shirt. This is a six-week program.

Activity #1102

Saturdays

Section A4: Girls, Grade: K&1

Jan. 31 to March 7th

9 a.m. to 9:55 a.m.

Section A5: Boys, Grade: K&1

Jan. 31 to March 7th

10 a.m. to 10:55 a.m.

Location: Center 375 Gym

Fee: \$35 or \$40 Non-Residents

### **MAPLE STREET OPEN GYM BASKETBALL**

Come down and shoot some hoops with your friends and get moving during the frigid winter months. For more information please contact the Recreation Department

Who: Grades 4-8

When: Tuesdays, starting Jan. 20th

Times: 5:30-6:30 p.m. for grades 4&5

6:30-7:30 p.m. for grades 6-8

Where: Maple Street School

Fee: FREE

**For more information please contact the Vernon Parks and Recreation Department**





## BEGINNERS GOLF CLINIC

Using a revolutionary new system, the USSI Golf clinic is the ideal way to introduce youngsters to the game of golf. Children will learn all the basic golf techniques such as the swing, grip and ball striking using unique and fun training methods. Children will experience greater success using the larger balls and club heads. This allows them to strike the ball more easily, consistently and increase their confidence and enjoyment of the game of golf.

Location: Vernon High School (TBC)  
Dates: July 20-24  
Ages: 5 to 11 year olds  
Time: 5-7 year olds 4:30pm-6pm  
8-11 year olds 6pm-7:30pm  
Cost: \$99



## SOCCER SQUIRTS CAMPS

Often Imitated, Never Duplicated, our Squirts camp is soccer in a fun filled environment for boys and girls aged 3 – 5. The camp is a great way to introduce young children to soccer in a short camp format of enjoyable games. This popular program involves soccer-based activities, promotes the development of motor skills, encourages group interaction and is an excellent form of exercise. The Squirts camp schedule includes a range of soccer themes, coloring activities and break for snacks. The emphasis is on FUN and FUN!

Location: Rockville High School  
Dates: July 6-10 and July 27-31  
Ages: 3 to 5 year olds  
Time: 4pm-5:30pm (July 6-10) 9am-10:30am and 2pm to 3:30pm (July 27-31)  
Cost: \$95



## HIGH SCHOOL PREP CAMP

So you've set your sights on making the team and playing at a high level...? Then this is the camp for you! All week activities will be sharply focused in order to prepare players for high level soccer. Our trainers will work closely on conditioning, footwork, technique and decision making to give players a head start in the run up to the season. These camps will take place in June or July in that pre-tryout period during the close season.

Location: Rockville High School  
Dates: July 27-31  
Ages: 13 to 18 year olds  
Time: 11am-1pm  
Cost: \$105



## **MIDNIGHT MADNESS HOOP LEAGUE FOR HIGH SCHOOLERS**

Boys and girls that go to Rockville High School will have the opportunity to participate in this Friday/Saturday evening league. Game times will be 10pm, 11pm and **MIDNIGHT** Games will be played at Center 375. Cost per player is \$30.  
Sponsors are needed for each team. League play is tentatively expected to start on Friday, January 30. Players need to register by Friday, January 23.

## **TEEN CENTER**

### **VERNON TEEN CENTER**

The Vernon Teen Center is open to Vernon Teens on Friday evenings until June. The Teen Center provides a variety of safe, supervised activities for all teens. Some of these activities include billiards, basketball tournaments, video games, dances, karaoke, and much, much more. Monthly calendars of events will be available at Vernon Center Middle School, the Parks and Recreation Office, and at the Teen Center. Teens must register for a membership on their first visit.

**WHO:** Vernon teens in grades 6-8.

**SCHEDULE:** Teen Center will be open for seventh and eighth-graders only, except on the first and last Friday of each month. The first and last Friday of each month will be sixth grade night.

**FEE:** \$5 membership fee per year / nightly activities vary in price

### **TEEN CENTER RENTAL**

Looking for a place to have your child's birthday party? Need to hold a community meeting? Look no further than the Vernon Teen Center! Available to individual and community groups, the Teen Center will be sure to accommodate all your needs. Fee is \$30 per hour with minimum of 2 hours. For details contact the Amy Locandro at 870-3520.

### **SPECIAL NEEDS SOCIAL GROUP**

This program offers social and recreational opportunities for the physically and mentally challenged individual. Participants engage in a variety of activities, games, crafts and much more.

**Participant Information:** Open to individuals ages 9 and older. This program is not limited to Vernon residents. Parents are not required to stay with children 17 and older, but group home residents must have supervision.

**Program Information:** This group meets one Saturday per month from 10:00 am to 12:30 pm at the Vernon Teen Center. Participants should bring a bag lunch or snack unless indicated otherwise. New participants may register at the Parks and Recreation Department no later than one day before the program takes place.

### **SCHEDULE OF EVENTS:**

2/7/09 – Valentine Butterfly Craft

3/7/09 – Zoo On The Go

4/4/09 – Fun With Playdoh

5/2/09 – End of Year Party! McDonald's Lunch & Magic Show.

## **ADULT CULTURAL & FITNESS**

### **BASIC SPANISH CLASS**

This new program is an introductory course designed for people who are interested in learning to speak Spanish. You will be introduced to the basics in the language in order for you to read, interpret and speak. Learn fundamental grammar of the Spanish language. No experience or prior knowledge is necessary.

Wednesdays

February 4 – March 25

6:30-7:30p.m.

Vernon Teen Center

Fee: Residents \$56      Non-Residents \$61



## LEARN TO SPEAK CHINESE



This program is a basic, introductory course designed for people who are interested in Chinese culture with little or no knowledge about the Chinese language. The guiding principles of this course are “experience” and “practice”. The class will encourage learners to listen, write Chinese characters and talk in Chinese, with in-class practice. Learn fundamental grammar of the Chinese language. No experience or prior knowledge necessary.

Mondays

January 26 – March 23 (no class February 16)

7:30-8:30p.m.

Vernon Teen Center

Fee: \$56 Resident \$61 Non-Resident

## TAI CHI

This class is a traditional Chinese low impact exercise. It is the best balance conditioning exercise through smooth execution and focus on developing the internal energy flow of the individual. Tai Chi helps numerous areas such as body balance, weight loss, stress release, flexibility, increase memory and much more. Come join this class and feel healthier, more energetic and happier! This is an ongoing program; the sessions are 8 weeks unless otherwise noted.

Adults (17 and older)

Mondays

January 26 – March 23 (no class February 16)

6:30-7:30p.m.

Vernon Teen Center

Fee: \$56 Resident \$61 Non-Resident



## ADULT ZUMBA

This NEW program is for those ages 16 and older. Zumba combines high/low energy and motivation music with unique moves and combination that allow the zumba participants to dance away and have lots of fun! This class will enhance overall tone, shape and physique increasing strength and endurance through slow and fast controlled movement.

Monday

February 2 – March 30 (no class February 16)

5:00-6:00p.m.

Vernon Teen Center Fitness Room

Fee: \$56 Resident \$61 Non-Resident



## ZUMBA GOLD

This NEW program is for those seniors or those looking for a good way to recover after surgery. This Zumba class is low energy and motivation music with unique moves and combination! This class will enhance overall tone, shape and physique, increasing strength and endurance through slow controlled movement.

Monday

February 2 – March 30 (no class February 16)

3:00-4:00p.m.

Vernon Teen Center Fitness Room

Fee: \$56 Resident \$61 Non-Resident

### **LOW IMPACT AEROBICS**

This is a low impact aerobics program is for those ages 17 and older and will be sure to get you a good workout. Participants will move and tone their bodies to various music while at the same time meet new friends.

Tuesdays

Session I: January 6 – February 10

Session II: February 24 – March 31

6:45 p.m. to 7:45 p.m.

Vernon Teen Center

FEE: \$36 Residents \$41 Non-Residents



### **BALLROOM DANCING**

Let the music take you away! Enjoy this fun evening of ballroom dancing. Come with a partner and dance into the night. Instructor Angela will be organizing this night to give you tips on ballroom dancing. First 45 minutes will be instruction on basic ballroom dancing (fox trot and waltz). The second part will be a social dance hour.

Friday

Date: TBA

Instruction: 7:00-7:45 p.m.

Social Dance: 8:00-9:00 p.m.

Vernon Teen Center Fitness Room

Fee per person: \$10 Residents \$15 Non-Residents

### **YOGA**



Learn to relax, reduce stress, stretch, strengthen muscles and joints, and develop a more flexible body.

Special attention is given to the spine, as the focus is on proper alignment, posture, and limbering up. Relaxation with deep breathing is emphasized, so that both mind and body feel restored and rejuvenated. Classes are appropriate for all ages, levels of ability, and belief systems.

Please wear loose clothing and bring a mat or towel for extra comfort. Classes meet for eight weeks.

Adults (17 and older)

Thursdays

January 15 – March 5

5:45 p.m. to 7:00 p.m.

Vernon Teen Center

FEE: \$48 Residents \$53 Non-Residents

### **TEEN/ADULT KARATE**

This karate program is for people ages 13 years and older. Martial Arts is designed to teach real self-defense, self-control, self-discipline and confidence. Trained instructors, under the direct supervision of Kempo Master Rod Fuller of Hidden Dragon Karate, will teach the program.

Wednesdays

Section A: January 21 – March 4 (no class February 18)

Section B: March 11 – April 15

8:00 – 8:45p.m.

Vernon Teen Center Fitness Room

Fee: \$40 Residents \$45 Non-Residents

### **HEALTHY HABITS for 2009**

Start the New Year off on the right foot bring; back that energy you've lost. Come to this seminar to learn healthy eating habits and good exercise routines. You will realize that simple changes in your day-to-day routine will result in losing those extra pounds and give you that extra boost of energy you've been missing. Not only will you learn some healthy habits, but you will also meet new friends!

Monday

January 26

7:00-8:30p.m.

Vernon Teen Center

Fee: FREE

### **ADULT BOWLING NIGHT!**

The Vernon Adults Get Together group invites all singles, divorced, widow(er)s to join them at their next night of fun. They are going bowling at Rockville Vintage Lanes. Take some time for yourself, meet new friends and have a great time!

Saturday

January 17

7:00p.m.

Rockville Vintage Lanes

\$9.00

### **WOODEN BAT SOFTBALL LEAGUE**

This new and exciting change will be implemented in a new Adult Softball League. This will be a Sunday morning league played at Henry Park and Community Field. Bats will be provided by the league. League fee will be \$600 for a 10 game schedule, plus playoffs. A maximum of 12 teams will be accepted. Games start in April. Any questions, contact the Vernon Parks and Recreation Department office at 870-3520.

## **FAMILY EVENTS**

### **FAMILY MOVIE NIGHT**

The Parks and Recreation Department proudly sponsors a fun evening for the entire family! Bring your family and friends to enjoy a Big Screen Movie in the Teen Center gymnasium. You can't beat the price, so don't miss out! Bring blankets and chairs for the movie.

Friday, February 20, 2009

Movie: TBA

6:15p.m. Movie Starts

Center 375

Fee: FREE



### **CULTURAL ART SERIES**

The Parks and Recreation Department is proud to bring you another great cultural art series. All concerts will be held at the Vernon Senior Center in the upstairs hall at 1:00p.m. For more information on the concerts, please contact the Recreation Office.

Saturday, January 10 – Big Band Sounds of the 40's Orchestra

Saturday, February 14 – Patti & The Guys (polka)

Saturday, March 21 – Danny Quinn (irish)

April TBA – Manchester Senior Band

### **EASTER EGG HUNT**

The First New England Credit Union is once again sponsoring the Easter Egg Hunt for the children of Vernon. Come and hunt for thousands of foil wrapped solid chocolate Easter Eggs and plastic filled Easter Eggs hidden by the Easter Bunny. Children 2-4 must be accompanied by an adult during the event. No pre-registration required.

WHO: Children ages 2-8

Friday, April 10 (rain date Saturday, April 11)

Age 2: 9:45a.m.

Age 3-4: 10:15a.m.

Age 5-6: 9:30a.m.

Age 7-8: 10:00a.m.

Henry Park



### **EARTH DAY**

Come and help keep Vernon beautiful and clean! The Parks and Recreation Department welcome families, friends and organizations to help take part in projects to help beautify the town on Wednesday, April 22. All will meet at 9:00a.m. at Henry Park to be assigned their projects. Interested groups may call the Parks and Recreation Department at 870-3520 for more information.

### **MOTHER'S DAY DASH**

The Vernon Parks and Recreation Department will be sponsoring the 34th annual 5K Mother's Day Dash on **Sunday, May 10<sup>th</sup>**. The start and finish will take place in Henry Park (120 South St; Vernon, CT 06066). Pre-registration, which is \$15, will be accepted until Friday, April 24<sup>th</sup>; all individuals that pre-register will receive a free Tee shirt. After this date, participants must register the day of the race; the cost will be \$20. There are 17 different age divisions and a special mother-daughter, mother-son division. The top three in each division will receive prizes. In addition to the main race, there will also be a special children's race. There will be a free raffle for all runners that stay for the awards ceremony. Live family entertainment will be provided throughout the race. All women will receive free carnation. There will be plenty of water, ice cream, bagels and fruit available to the runners. Race proceeds will benefit the Vernon Teen Center, the Police Explorers and the Robert J. Bonadies Scholarship Fund at Rockville High School.

**For further information, please contact Bruce Watt or Steve Krajewski at 860-870-3520.**

### **44TH ANNUAL FISHING DERBY**

Sponsored by Aldo Scotta owner of Rockville Glass and Mary Hammond, owner of Crystal Lake Bait and Tackle Shop. Saturday, May 2nd, 8:00am to 11:00am (Raindate: May 3rd). Valley Falls Pond will be stocked with plenty of trout, take this opportunity to introduce your children (Ages 15 and under) to fishing when the odds are stocked in their favor. No charge for residents, \$3 for non residents. Prizes will be given to the top 3 in each division.

### **A NIGHT OF COMEDY**

The 6th annual Town of Vernon Comedy Night will be held on Friday, April 17 at the Carriage House at 9 North Park Street, doors open at 7:00pm. The opening act starts at approximately 8:00pm with the headliner coming on the right after. Finger food will be provided and will be served throughout the evening. Tickets are \$25 and can be purchased at the Parks and Recreation Office starting February 2nd. The last two years, the show has sold out, so be sure to get your tickets early. Tables of 10 will be seating arrangement. For more information call the Parks and Recreation Department at 870-3520.

## BUS TRIPS

### BOSTON RED SOX VS NEW YORK METS

Come and see the 2007 World Series Champions Boston Red Sox play an exciting game against the New York Mets at Fenway Park in Boston. You will be able to enjoy time in Boston before the game to sightsee, shop and much more. Game time has not been released; therefore no bus times have been set up. Cost includes game ticket and coach bus transportation. An adult must accompany children under the age of 18. Space is limited and is on a first-come, first-serve basis.

Sunday, May 24

Departure from Center 375 Time TBA

Return to Center 375 Time TBA

Fee: \$90 Residents \$95 Non-Residents



### BOSTON RED SOX VS TORONTO BLUE JAYS

Come and see the 2007 World Series Champions Boston Red Sox play an exciting game against the Toronto Blue Jays at Fenway Park in Boston. You will be able to enjoy time in Boston before the game to sightsee, shop and much more. Game time has not been released; therefore no bus times have been set up. Cost includes game ticket and coach bus transportation. An adult must accompany children under the age of 18. Space is limited and is on a first-come, first-serve basis.

Saturday, August 29

Departure from Center 375 Time TBA

Return to Center 375 Time TBA

Fee: \$90 Residents \$95 Non-Residents

### FOXWOODS BUS TRIP

Hop on the lucky bus and enjoy a fun day at Foxwoods Casino. There will be plenty of time to gamble, join the 10:00a.m. bingo game, try the fabulous buffet, shop and much more. Each person will receive a \$10.00 meal voucher and two \$5.00 Keno tickets. The bus will depart from the Vernon Teen Center (Center 375) at 8:00a.m. The bus will depart from Foxwoods Casino promptly at 4:00p.m.

Saturday

February 21

Departure from Vernon Teen Center: 8:00a.m.

Return to Vernon Teen Center: 5:30p.m.

Fee: Residents \$25 Non-Residents \$30

## RENTALS

### BIRTHDAY POOL PARTIES

Make a big splash at your next party. Community Pool and Horowitz Pool is now available for pool parties. Pool parties are available on Saturdays and Sundays from 6:00 pm through 8:00pm. The cost of the pool party is \$200.00. For further information, please call 870-3520.

**Newhoca Lodge:** The lodge at Newhoca is the perfect place to hold a bridal shower, family reunion, birthday party, and more. Located on Grier Road, this lodge has a beautiful scenery that over looks Bolton Lake. For fees and available rental dates, please contact us at 870-3520.

**Vernon Teen Center:** The Vernon Teen Center is available for rent. It is the perfect place to hold your birthday parties. The facility offers video games, pool table, foosball, and much more. The fee for renting the Teen Center is \$30 per hour for residents and \$35 per hour for non-residents with a two-hour minimum. For available rental dates, please contact us at 870-3520.

### PICNIC AREAS

Fox Hill Tower-Free  
Free

Church St. Rails to Trails-Free

Dart Hill Park-

Walker's Reservoir-Free  
Park-See info below

Valley Falls-See info below

Newhoca

Henry Park-See info below

Saxony Mill Park-Free

The Town's picnic groves are available for rent. Reserve yours today. Picnic groves are located at the following locations:

**Valley Falls Park:** Located on Valley Falls Road, Valley Falls Park contains picnic areas out in the field and one pavilion. Fees vary upon picnic areas and length of rental time.

**Henry Park:** Located at 120 South Street, Henry Park has three picnic grove areas. There is a \$10.00 charge for the use of these groves.

**Newhoca Park:** Located on Grier Road, Newhoca Park has a pavilion that is great for all occasions. There is a \$25.00 per hour charge with a two-hour minimum.

**For further information on all picnic areas, please call 870-3520.**

## SPONSORSHIP OPPROTUNITES

### SEND A KID TO CAMP

The Vernon Parks and Recreation Department is looking for sponsorships to send a child to camp. A \$65 sponsorship can send a child to camp for a full week. Our goal is to give at least 40 children the opportunity to go to camp this summer that may not usually be able to attend.

### JOIN THE "A" TEAM

The Parks and Recreation Department is seeking individuals interested in helping fundraise for various programs and special events. If you have some time and want to help "your Parks and Recreation Department" please contact Steve Krajewski at 870-3520.

## **FIREWORKS SPONSORSHIP**

The annual fireworks will be held on Wednesday, July 1. The Parks and Recreation Department is accepting donations from individuals and businesses for this event. For details, contact the office at 870-3520.