

STAFF DIRECTORY

GENERAL PHONE NUMBER:

870-3520

WEBSITE:

WWW.VERNON-CT.GOV

DIRECTOR:	BRUCE DINNIE
ASSISTANT DIRECTOR:	STEVE KRAJEWSKI
ADMINISTRATIVE ASSISTANT:	DIANE GARNELIS
RECREATION SUPERVISOR:	BRUCE WATT
RECREATION SUPERVISOR:	AMY LOCANDRO
PARK SUPERVISOR:	DAVE BOWER
PARK MAINTAINER:	MITCH REID
PARK MAINTAINER:	MARK LUCAS
PARK MAINTAINER:	ROB ARTHUR
PARK MAINTAINER:	D.J. LUPACCHINO
PARK MAINTAINER:	MIKE MANFRE

FREQUENTLY REQUESTED NUMBERS

Rockville Little League-Hans Peterson	875-1832
Vernon Little League-Paul Rouleau	647-0848
Babe Ruth Baseball- Joe Pane	997-0536
Girls' Little League Softball-Tim Skoly	875-2157
Vernon Youth Soccer-Stu Jones	875-9408
Vernon Youth Football-Tom Lukas	871-7345
Youth Hockey-Jim Larza	529-5295
Youth Lacrosse-Bruce Gezelman	870-9461
Over 55 Softball-Joe Nolette	420-9345
Junior Women's Club-Nancy Sullivan	870-4047
Vernon Town Hall	870-3599
Vernon Public Works	870-3500
Vernon Animal Control	870-3558
Indian Valley Y.M.C.A.	872-7329
Vernon Orioles-Steve Krajewski	870-3520



REGISTRATION AND GENERAL INFORMATION

CONSIDER YOURSELF REGISTERED – if you do not hear from us. You will be notified if a change occurs or if the program is filled. You are automatically put on the waiting list and your payment returned if the class is filled at the time your registration is received. Assume classes will begin on the dates listed. If you would like a receipt, please enclose a SASE with your registration. All programs are open for registration unless otherwise noted in the program description.

INSURANCE – All persons participating in Recreation programs should carry their own personal health insurance. The Town of Vernon is not responsible for personal injuries. Participants in all Department sponsored programs participate at their own risk. Only those enrolled in the program may attend.

ADA – The Town of Vernon does not discriminate on the basis of race, color, national origin, sex, religion, age, or disability in provision of programs and services. We are committed to assuring equal access to programs, activities, and services to all individuals. If you or a family member needs assistance, please let us know when you register.

CLASSES – We reserve the right to limit class size and to cancel classes failing to meet minimum requirements. Vernon residents are given preference for all programs during the 1st week of registration.

PAYMENT – Registration is not considered valid until the program fee is paid. We except cash or checks only.

REFUNDS – are given only prior to the start of classes or if we cancel the program. Once an activity has started no refunds will be granted except in the case of injury, illness, or relocation. Refunds will then be given on a pro-rated basis and are under the discretion of the Parks and Recreation Director.

INCLEMENT WEATHER – In the case of inclement weather, the Parks and Recreation Department reserves the right to cancel programs for the day. All decisions on programs will be made by 4:00 p.m. unless your program starts earlier. A decision will be made by 9:00 a.m. for weekend and morning programs. Please contact the Recreation Office at 870-3520. The Department will attempt to post any program cancellation information on 1080AM and WFSB Channel 3.

SCHOLARSHIP PROGRAMS – It is our policy that residents of Vernon who cannot afford to participate in programs or activities can make confidential inquiries for assistance to Bruce Dinnie, Director of Parks and Recreation (870-3520)

MAILING LIST – If you would like to receive this brochure and future brochures in the mail please send a check for \$3.00 to the Vernon Parks and Recreation Department. You will be placed on our annual mailing list and will receive all 3 brochures for the year.

NO CLASS DATES - Class and Programs that are not scheduled for a certain date i.e. holiday, are marked with a NC and followed by dates that the class will not meet.

YOUTH PROGRAMS

PRESCHOOL FITNESS

The focus of this program is to get children involved in physical activity at an early age. Classes include exercise, dance, body awareness, and fun games. Motor and listening skills will also be emphasized. Parents must participate in the Age 2 class.

Fridays

Session 1: September 26 to October 31

Session 2: November 7 to December 19 (no November 28)

2-3yrs(parents required to attend): 9:30-10:15am

3-5 yrs: 10:15-11:00 am

Vernon Teen Center Fitness Room

Fee: \$30 Residents \$35 Non Residents

SPORTS NUTZ



If your 3- to 5-year-old child already believes they are the next NBA Superstar or Baseball All Star, here is your opportunity to release some of that energy and enjoy their first sports experience. This instructional, coed program, teaches the fundamentals of four different sports (Basketball, Baseball, Soccer, Track & Field) to young players using a variety of fun drills and activities designed to develop athletic skills and a love for the game.

Program focuses on the most basic fundamentals of sport. All participants receive a T-shirt.

Class size is limited to 20 participants.

Activity #4121

Ages 3-5

When: Saturdays Oct. 4 to Oct. 25

Time: 10 to 11 a.m.

Where: Vernon Teen Center

Fee: \$30 Resident \$35 Non-Resident



PEE WEE TRACK

This program is open to children ages 3 to 5 years old. Learn the fundamentals of track and cross country running. Here is the opportunity to meet new friends, release that bundle of energy and have fun learn the sport behind running! Participants will play fun drills and activities to develop an appreciation and love for running track. All participants will receive a T-shirt. This program will run for 4 weeks.

Ages 3-5

Tuesday

September 30-October 21

5:00-5:45

Henry Park

Fee: \$25 Resident \$30 Non-Resident



ELEMENTARY SCHOOL CROSS COUNTRY CHALLENGE

10th Annual Cross Country Challenge, for elementary school children

The big event will be held on Wednesday October 15th with a rain date of Thursday October 16.

The meet is open to all students in Vernon elementary schools in grades K-5. Experience with running in NOT necessary. The family event stresses participation, fun and school spirit.

All participants will receive a small gift. Schools will receive a trophy for the winners of each division. Last year Center Road swept all four divisions.

The event will be held at Rockville High School on the area where all the varsity fields are located. Parking would be in the teacher's parking lot.

Grade K-1 race will start at 5:30.

Grades 2 & 3 race will start at 5:45.

Grades 4 & 5 race will start at 6:15.

Pre-registration is required no later than October 3rd. No registration will be taken the day of the event. There will be a \$1.00 fee that will benefit the Vernon Track Club.



AEROBICS FOR KIDS

This program is open to children 5 to 8 years old. Get your child interested in being fit and exercise in this fun-filled class. Let your child know that exercising is fun!

Tuesdays

Session 1: Sept. 23- Oct. 28

Session 2: Nov 4 - Dec 9 (no class Nov 11)

6:00-6:45 p.m.

Vernon Teen Center Fitness Room

Fee: \$30 Residents \$35 Non Residents



STUFF WITH FLUFF!

This is a fun-filled, one-day workshop where kids, ages 5 to 12 years old, will create a furry friend of their own. In one-hour, children will stuff and fluff an animal of their choice and decorate a t-shirt for their new pal to wear. Children get to name their new friend and receive a birth certificate to bring home. Animals must be chosen upon registration (teddy bear, dog, cat or unicorn).

Thursday

November 13

4:00-5:00p.m.

Fee: Residents \$15.00 Non-Residents \$20.00

Vernon Teen Center



BOO....CERAMIC JACK-O-LANTERN!

On this day children, ages 5-12 years old, will create a festive Halloween decoration. We will provide a ceramic jack-o-lantern, paints and brushes. Once the artists are done decorating, the jack-o-lantern is dipped in a clear protective finished and fired in a kiln. Jack-o-lantern will be returned to the Parks and Recreation Department for pick up by October 24.

Thursday

October 16

4:00-5:00p.m.

Fee: Residents \$15.00 Non-Residents \$20.00

Vernon Teen Center



HOLIDAY ORNAMENTS

Get into the Holiday spirit! Create a holiday ornament in this one-day workshop. This workshop is for children of all ages. It is a great project for individuals, friends and families to enjoy. Each artist is provided with a round ceramic ornament, stencils and paint. Participants can create special decorations for trees, homes or gifts. Once the artist is done decorating the ornament is dipped in a clear protective

finish and fired in a kiln. Ornaments will be returned to the Parks and Recreation Department for pick up by December 12.

Tuesday

December 2

4:00-5:15p.m.

Fee: Residents \$15.00 Non-Residents \$20.00

Vernon Teen Center

DRAGON AND ADVANCED KARATE

This karate program is for children ages 5-8 years old. Martial Arts will help your child develop self-defense, self-control, self-discipline and confidence. Trained instructors, under the direct supervision of Kempo Master Rod Fuller of Hidden Dragon Karate, will teach the program. Program runs for 6 weeks.

Wednesdays

Session 1: Oct. 8-Nov. 12

Session 2: Nov. 19-Jan.14 (no class Nov 26, Dec 24 & Dec 31)

Dragons (Beginner): 5:00-5:45 pm

Advanced: 6:00-6:45 pm

Vernon Teen Center

Fee: \$40 Residents \$45 Non-Residents



PRETEENS KARATE

This karate program is for children ages 9-12 years old. Karate is a Martial Arts discipline designed to teach real self-defense, self-control, self-discipline and confidence. Trained instructors, under the direct supervision of Kempo Master Rod Fuller of Hidden Dragon Karate, will teach the program.

Wednesdays

Session 1: Oct. 8-Nov. 12

Session 2: Nov. 19-Jan.14 (no class Nov 26, Dec 24 & Dec 31)

7:00-7:45 pm

Vernon Teen Center

Fee: \$40 Residents \$45 Non-Residents

BABYSITTER TRAINING COURSE

This American Red Cross course provides individuals, ages 11 to 15, with the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. This training will help participants develop skills in leadership and professionalism; basic care; safety and safe play; and first aid. Course handbooks are provided and students are required to complete homework assignments. Upon successful completion of the course, students will be given a certification card. Participants must attend the entire class to receive certification.

Saturday

November 22

9:00a.m.-4:00p.m.

Vernon Teen Center

Fee: \$60 Residents \$65 Non-Residents

WRESTLING

Learn the sport of Wrestling!!! Wrestling has been an Olympic Sport since 1904. It teaches self-discipline, self confidence and fortitude. It also helps to develop a strength of character in young people. This program will be taught by Jesse Odell, a former Junior High School wrestling coach. This is an 8-week program.

Activity#4203 A & B

Ages: 5-12

When: Saturdays, Starting January 3, 2009

Where: RHS Wrestling Room

Time: Ages 5-7; 12:30-1:30 pm (section A)

Ages 8-12; 1:30-2:30 pm (section B)

Fee: \$40 Res.; \$45 non-res.

Space is Limited; so register today!!

PARKS & RECREATION BASKETBALL

LOU BAZZANO PEE-WEE BASKETBALL

An instructional, coed program, that teaches the fundamentals of basketball to young players using a variety of fun drills and activities designed to develop basketball skills. Class size is limited! Participants will receive a T-shirt. This is a six-week program.

Activity #1102	Saturdays	
Section A1: Coed, Grade: K&1	Dec. 6 to Jan. 17	9 a.m. to 9:55 a.m.
Section A2: Coed, Grade: K&1	Dec. 6 to Jan. 17	10 a.m. to 10:55 a.m.
Section A4: Girls, Grade: K&1	Jan. 31 to March 7th	9 a.m. to 9:55 a.m.
Section A5: Boys, Grade: K&1	Jan. 31 to March 7th	10 a.m. to 10:55 a.m.
Center 375 Gym		
Fee:\$35 or \$40 Non-Residents		

BEGINNERS LEAGUE

Full court basketball games are introduced in this instructional format. Volunteer coaches and staff will provide a combo of instructional drills and controlled scrimmages. Participants will receive a T-shirt. This is an eight-week program

Activity #1102
Saturdays, starting Dec. 6th
Section B1: Coed, Grade: 2
Game times 12:30 p.m. or 1:30 p.m. (schedule varies)
Fee: \$40 per child



GRADE 3 AND 4 GAME READINESS LEAGUE

The Vernon Parks and Recreation Department has revamped the grade 3 and 4 basketball league. This league will combine skill development with game play. This league will be run by a Recreation staff clinician and will still need the help from parents. This is an eight-week program which will run once during the week and also on Saturdays.

Activity #1102
Section C1: Boys, Grades: 3&4
Section C2: Girls, Grades: 3&4
Saturdays, starting Dec. 6th
Fee: \$45 per child

RECREATION LEAGUE PLAY-PROGRAM HAS CHANGED

Develop your basketball skills while you become a team player in this league program. Participants will be placed on a team and will be coached by volunteers. They will practice one hour a week and games will be played on Saturdays and a few Sundays at various times. There are no requests for team placement or practice nights. Participants will receive a T-shirt. Evaluations are required for all participants; evaluation date will show on receipt. Any players interested in playing high school basketball should register in the Rec League and if selected to High School team you can be refunded. Non-Residents are allowed only in the Girls Grades 8-12 League. There will be a Special Hoop Registration Night at Henry Park on Tuesday, Oct. 7th, 6-7:30 p.m.

Activity #1102
Section D1: Boys, Grades: 5,&6
Section D2: Girls, Grades: 5,6,7,&8
Section E1: Boys, Grades: 7&8
Section F1: Boys, Grades: 9,10,11&12
Saturday Games, tentatively Dec. 13th to Mid-March
Practices begin in late Nov.
Tentative Evaluation Date: Nov. 22, Times TBA
Fee: \$55 for 1st child (\$5 Discount for each additional child in the Recreational League)
Discount fee of \$50 if registered before Oct. 27th
*****Registration Deadline is Friday, Nov. 9th

MAPLE STREET OPEN GYM BASKETBALL

Come down and shoot some hoops with your friends and get moving during the frigid winter months. For more information please contact the Recreation Department or look for this program in the Winter/Spring 2009 brochure.

Who: Grades 4-8



When: Tuesdays, tentatively beginning Jan. 20th

Times: 5:30-6:30 p.m. for grades 4&5

6:30-7:30 p.m. for grades 6-8

Where: Maple Street School

Fee: FREE

For more information please contact the Vernon Parks and Recreation Department

TRAVEL BASKETBALL

Advanced basketball competition for Boys and Girls in Grades 5-8. Tryouts will be in late September, upon making the team, the fee will be due. Fliers will be sent out through the schools with dates, times and site. All interested players must be registered before tryouts. The season consists of approximately 25 games, starting in December through March. There will be one/two practices per week and all teams will participate in one/two tournaments. The fee will be \$150 per player. Each team will have one fundraiser.



COACHES NEEDED

Volunteer coaches are needed for the basketball and soccer programs operated by the Vernon Parks and Recreation. If you are interested in coaching please contact the Recreation Department at 870-3520 so that we can send out information, requirements and an application for coaching with our department. This is a great opportunity for you to give back to the community.

BASKETBALL TEAM SPONSORS

In order to keep our programs at an affordable cost to our participants and to provide proper and safe equipment for these programs the Parks and Recreation Department needs the assistance of local businesses. Sponsorship is a great way to show your community spirit, through the donation of equipment, services, or funding to enhance park facilities and recreation opportunities. Your business or organization can sponsor a youth basketball team in Grades 2 to 12 for \$125. Your organization will be the team name and printed on the back of the team's uniforms. For more information on how you or your business can help or sponsor a team contact Steve Krajewski or Bruce Watt at 870-3520.

For more information contact the Recreation Department at 870-3520.

TEEN PROGRAMS

BERKSHIRE EAST SKI PROGRAM

This is a five-week ski program held at Berkshire East Ski Resort located in Charlemont, Mass. This program is for skiers of all abilities (beginner to advanced). Lessons are available for an additional fee at all levels. The program is open to skiers as well as snowboarders. Rentals are available for an additional fee. Lessons, lift ticket, and bus transportation to and from Berkshire East are all included in the cost of the program. Bus departs at 3:30 p.m. and returns at 10:45 p.m. on Fridays and departs at 8:30 a.m. and returns by 4:30 p.m. on Saturday. Space is limited and is on a first come, first served basis. NOTE: Adults are also eligible to register for this program at a later date.



Fridays, Jan. 9, 16, 23, 30, and Saturday, Feb. 7

Bus departs from Vernon Teen Center

Bus departure and return times are listed above

WHO: Vernon Residents in grades 7-12, Adults aged 18 and older

FEE: TBD (Contact Recreation Dept. in late October)

Registration for Students: Monday, Nov. 3, 2008

Registration for Adults: Monday, Nov. 17, 2008

VERNON TEEN CENTER

The Vernon Teen Center is open to Vernon Teens on Friday evenings from September to June. The Teen Center provides a variety of safe, supervised activities for all teens. Some of these activities include billiards, basketball tournaments, video games, dances, karaoke, band jams, and much, much more.

Monthly calendars of events will be available at Vernon Center Middle School, the Parks and Recreation Office, and at the Teen Center. Teens must register for a membership on their first visit.

WHO: Vernon Residents or Vernon Center Middle School teens in grades 6-8.
Teen Center will be open for seventh and eighth-graders only, except on the first and last Friday of each month. The first and last Friday of each month will be sixth grade night.
Guests are permitted on a limited basis.

WHEN:	Sept. 17	6:00-7:30 p.m.	Open house and pre-registration
	Sept. 19	7-10 p.m.	OPENING NIGHT FOR 7th & 8th GRADE
	Sept. 26	7-10 p.m.	OPENING NIGHT FOR 6th GRADE
FEE:	\$5 membership fee per year / nightly activities vary in price		

TEEN BOARD

Be a part of making the Teen Center the place you want to be! Meet once a month a half hour before the Teen Center opens. Plan the activities that will be held at the Teen Center, you will be the ones to make the schedule. Board members are also asked to volunteer at special events throughout the year. We are looking for creative and committed individuals. The Teen Board also has the opportunity to go on special trips!

REGISTRATION INFORMATION:

A registration form must be completed upon the first visit to the Teen Center. The registration form must have a parent or guardians signature before any activities can be attended. Rules, policies and regulations must be adhered to or membership may be revoked. Registration forms will be distributed through the Middle School, on the above dates at the Teen Center, and at the Parks and Recreation office.

SPECIAL NEEDS PROGRAMS

SPECIAL NEEDS SOCIAL GROUP

This program offers social and recreational opportunities for the physically and mentally challenged individual. Participants engage in a variety of activities, games, crafts and much more.

Participant Information: Open to individuals ages 9 and older. This program is not limited to Vernon residents. Parents are not required to stay with children 17 and older, but group home residents must have supervision.

Program Information: This group meets one Saturday per month from 10:00 am to 12:30 pm at the Vernon Teen Center. Participants should bring a bag lunch or snack unless indicated otherwise. New participants may register and complete a medical form.

SCHEDULE OF EVENTS:

9/6/08 - Welcome Back Social and Bingo	10/4/08- Pumpkin decorating&Gym
11/1/08 – Movie and Popcorn Day	12/6/08- Holiday Party and Karaoke



SPECIAL NEEDS OPEN GYM

This program is open to individuals ages 9 and older. Parents are required to accompany children ages 9 to 16 years old. Group home residents must have supervision regardless of age. Participants will be able to enjoy playing gym activities, primarily basketball. This program will meet once a week for eight weeks.

Saturdays

October 4 through November 22

1:00-2:00p.m.

Teen Center Gymnasium

ADULT CULTURAL & FITNESS

TEEN/ADULT KARATE

This karate program is for people ages 13 years and older. Martial Arts is designed to teach real self-defense, self-control, self-discipline and confidence. Trained instructors, under the direct supervision of Kempo Master Rod Fuller of Hidden Dragon Karate, will teach the program.

Wednesdays

Session 1: Oct. 8-Nov. 12

Session 2: Nov. 19-Jan.14 (no class Nov 26, Dec 24 & Dec 31)

8:00 – 8:45p.m.

Vernon Teen Center Fitness Room

Fee: \$40 Residents \$45 Non-Residents

TAI CHI

This class is a traditional Chinese low impact exercise. It is the best balance conditioning exercise through smooth execution and focus on developing the internal energy flow of the individual. Tai Chi helps numerous areas such as body balance, weight loss, stress release, flexibility, increase memory and much more. Come join this class and feel healthier, more energetic and happier! This is an ongoing program, the sessions are 8 weeks unless otherwise noted.

Adults (17 and older)

Mondays

Sept. 29-Nov 24 (no class Oct 13)

6:30-7:30p.m.

Vernon Teen Center

Fee: \$48 Resident \$53 Non-Resident

LOW IMPACT AEROBICS

This is a low impact aerobics program is for those ages 17 and older and will be sure to get you a good workout. Participants will move and tone their bodies to various music while at the same time meet new friends.

Tuesdays

Session 1: Sept. 23-Oct 28

Session 2: Nov. 4-Dec. 16 (no class Nov. 11)

6:45-7:45 p.m.

Vernon Teen Center Fitness Room

FEE: \$36 Residents \$41 Non-Residents

BALLROOM DANCING

Let the music take you away! Enjoy this fun evening of ballroom dancing. Come with a partner and dance into the night. Instructor Angela will be organizing this night to give you tips on ballroom dancing. First 45 minutes will be instruction on basic ballroom dancing (fox trot and waltz). The second part will be a social dance hour.

Friday

November 7

Instruction: 7:00-7:45

Social Dance: 8:00-9:00

Vernon Teen Center Fitness Room

Fee per person: \$10 Residents \$15 Non-Residents

YOGA

Learn to relax, reduce stress, stretch, strengthen muscles and joints, and develop a more flexible body. Special attention is given to the spine, as the focus is on proper alignment, posture, and limbering up. Relaxation with deep breathing is emphasized, so that both mind and body feel restored and rejuvenated. Classes are appropriate for all ages, levels of ability, and belief systems. Please wear loose clothing and bring a mat or towel for extra comfort. Classes meet for eight weeks.

Adults (17 and older)

Thursdays

Oct. 2-Nov. 20

5:45-7:00 p.m.

Vernon Teen Center Fitness Room

FEE: \$48 Residents \$53 Non-Residents

LEARN TO SPEAK CHINESE

This new program is a basic, introductory course designed for people who are interested in Chinese culture with little or no knowledge about the Chinese language. The guiding principles of this course are “experience” and “practice”. The class will encourage learners to listen, write Chinese character and talk

in Chinese, with in-class practice. Learn fundamental grammar of the Chinese language. No experience or prior knowledge necessary.

Mondays

Sept. 29-Nov 24 (no class Oct 13)

7:30-8:30p.m.

Vernon Teen Center

Residents: \$48 Non-Residents: \$53



BECOME A BARGAIN SHOPPER!

The holidays are coming and it's time to become a bargain shopper! Its tough keeping up with the prices raising, but no need to worry, we can help you find where the prices are dropping. Come to this seminar to learn the hidden secrets to finding those great deals!

Thursday

October 23

7:00-8:00p.m.

Vernon Teen Center

FREE



HOW TO GRIEVE

Losing a loved one is a tough path to go down. Are you having a tough time handling it? Not sure how you will get through? No need to worry anymore, you are not alone. Come to this meeting and learn ways to handle the sadness, stress and difficult times. Come together, meet friends that can relate and understand. One of the best ways to handle the grievance is to turn to others for help.

Thursday

November 6

7:00-8:00p.m.

Vernon Teen Center

FREE

VERNON ADULTS GET TOGETHER

Are you single? Widow(er)? Divorced? Looking for a new way to meet people and have fun? Here is a perfect way to get your heart beating to a new beat! This group of adults will get you up and having a great time doing activities such as hiking, card playing, going to movies, out for coffee, dinner and much more. New ideas are great to bring to this meeting. The group will decide on the activities and where to venture out to next. Don't be left out; get up and join this group, it's a sure way to meet new friends and be a part of fun adventures. This meeting will meet once a month and directed by Ms. Pat. Upcoming gathering dates are:

Tuesday, September 23

Tuesday, October 14

7:00 p.m.

Vernon Teen Center

No Fee

ADULT ATHLETIC LEAGUES

VOLLEYBALL

COED VOLLEYBALL

Spend some time with friends, make new ones, or just enjoy playing volleyball. Matches will be officiated by league supervisors. Individuals ages 18 and over that are interested in participating in the coed league as team or to join a team should contact the Parks and Recreation Department at 870-3520. Teams need to register by Sept. 26.

Tuesdays

Vernon Center Middle School

Games starting Oct. 21

Fee: \$375 per team



WOMEN'S VOLLEYBALL

The women's volleyball league is a great opportunity to team up with friends once a week with the common goal of fun. Matches are officiated! Individuals ages 18 and over that are interested in participating in the league as a team or to join a team should contact the Parks and Recreation Department at 870-3520. Teams need to register by Sept. 26.

Tuesdays

Games starting Oct. 21

Vernon Center Middle School Fee: \$375 per team

BASKETBALL

ADULT HOOP LEAGUE

This program is for Vernon residents ages 18 and over. The league plays on Monday thru Thursday evenings. All teams interested must register by Nov. 14. Individuals interested in getting on a team must be Vernon residents and should contact the Recreation Department at 870-3520.

Monday thru Thursday evenings Season begins on Jan. 7
Vernon Center Middle School Fee: \$650 per team
& Rockville High School \$725 Tolland/Ellington***

All players must be from their respective town

OVER THE HILL HOOPS

Have fun and get in shape at this drop-in basketball program for Vernon residents ages 35 and over. Half-court games are organized each week.

Fridays Starting Oct. 17
7:30-9 p.m. Schedule available at gym
Vernon Residents ages 35 and older Fee: \$3 per week
Vernon Center Middle School \$35 flat rate



SENIOR HOOPS

Looking for a way to get into shape for spring? The Vernon Parks and Recreation Department is proud to offer a Senior Drop-in Basketball Program. This is your chance to get those legs moving and your heart pumping. This is a six week program that will run one night a week.

Days: Wednesday(s)
Dates: Starting December 8
Times: 8:00-9:00 pm
Fee: \$15.00
Location: Teen Center Gym
 375 Hartford Turnpike
 Vernon, CT 06066

SPECIAL EVENTS

HALLOWEEN BOO BASH

Come and enjoy an evening of fun Halloween activities with live entertainment, a walk down trick-or-treat aisle, play games, lots of candy and giveaways.

Who: Children ages 3-10
When: Saturday, Oct. 25th
Show starts promptly at 5:00 p.m.
Where: Vernon Teen Center
Fee: \$2 per child

Tickets are limited, please purchase in advance at the Parks and Recreation office in Henry Park starting Oct. 6th

CHILDREN'S HOLIDAY FESTIVAL

Enjoy a morning of shopping and errand running while your child enjoys a fun filled morning of holiday craft and gift making, cookie decorating, games, and more. (Children under 4 must be accompanied by a parent or babysitter over the age of 16)

Who: Children ages 10 and under
When: Saturday, Dec. 13th , 9:00a.m. to 12:00 p.m.
Where: Vernon Teen Center

Fee: In lieu of a fee please bring an unwrapped toy for the Toy for Tots program.

Participants must be registered in advance by calling the Recreation Department Monday-Friday 8:30 a.m. - 4:30 p.m. at 870-3520 beginning Nov. 5. Space is limited.

NEW YORK CITY BUS TRIP

Enjoy a fun day on your own in New York City. The Vernon Parks and Recreation Department is sponsoring this day trip to New York City on Saturday, December 13. This is a perfect time of year to view the famous tree in Rockefeller Center, see the amazing windows decorated in the stores, shop for holiday gifts, and get tickets to a show. New York City is filled with excitement! The bus will leave from the Vernon Teen Center at 8:30a.m. to arrive in New York City at approximately 10:45a.m. The bus will depart from New York City at 7:00p.m. to arrive back in Vernon at approximately 9:45p.m. Don't enjoy this wonderful opportunity to see New York City at one of the most beautiful times of the year!

Saturday, December 13

Fee: Residents \$35 Non-Residents \$40

CULTURAL ART WINTER CONCERT SERIES

The Parks and Recreation Department is proud to bring you another great cultural art series. All concerts will be held at the Vernon Senior Center in the upstairs hall at 1:00p.m. Concerts will be held once a month beginning in January. For more information on the concert schedule, please contact the Recreation Office.

17TH ANNUAL VERNON ORIOLE'S GOLF TOURNAMENT

Held on Saturday October 11th at Twin Hills Country Club. Price is \$100 per player. Registration must be received by September 26th. There will be a \$10,000 prize for a hole in one.

Further info contact Steve Krajewski at the P&R office.

TEEN CENTER RENTAL

Looking for a place to have your child's birthday party? Need to hold a community meeting? Look no further than the Vernon Teen Center! Available to individual and community groups, the Teen Center will be sure to accommodate all your needs. Fee is \$30 per hour with minimum of 2 hours. For details contact the Amy Locandro at 870-3520.

Bicentennial Events

Get ready for the parade on Sunday, Oct. 5 !

The Vernon Bicentennial Parade steps off at 1:30 from Rockville High School.

If your group or business would like to be a part of this historic Bicentennial event, contact Carl at 872-3901 or visit www.Vernon2008.org

Save the date!

Vernon's Bicentennial Dance is on **Saturday, Oct 25** at the Rockville Elks Lodge. Tickets are \$35 each. Call 875-1044 or e-mail dance@Vernon2008.org www.Vernon2008.org

Vernon Bicentennial Commemorative Book ON SALE NOW

Filled with hundreds of never-before-seen photos of Vernon over its 200-year history
\$20 at the following locations:

ROCKVILLE BANK (all 3 Vernon Branches)
FRIEDRICH'S JEWELERS
CRYSTAL BLUEPRINT & STATIONERY
CAFE LAFAYETTE

**OLENDER'S
VINCENT'S PHARMACY**
www.Vernon2008.org for more information.

ADDITIONAL INFORMATION

INSTRUCTORS AND SUPERVISORS NEEDED

If you have any specific talent or are looking for part time work, contact the Parks and Recreation office.

PROGRAM INPUT

If there is a program that you would like to see offered, give us a call and share your ideas.

ADVERTISING OPPORTUNITIES

This is an opportunity for businesses to purchase a 4 x 8 permanent annual sign at Henry Park softball field.

With more than 150,000 visiting the park annually, the visibility is excellent.

For more information contact Steve Krajewski at 870-3520.

TOWN OF VERNON ON-LINE

You can access the Vernon Parks and Recreation Program Information on-line at:

www.vernon-ct.gov

MESSAGE FROM THE PARKS & RECREATION OFFICE

We would like to thank our part-time staff for helping to put together another successful summer. The day camps provided a summer of fun for over 500 children of Vernon and surrounding towns.

The Vernon Pools and Beaches were packed all summer and more than 600 children participated in swim lessons in town. The Parks and Ballfields were well maintained to provide Vernon residents with a great place to picnic, hike or play ball.

We would like to recognize three part-time employees who were awarded for their Outstanding Commitment and Performance this summer. Anthony Scibelli received the award for the Aquatic staff. Christine Noble received the award for the Camp staff; Christine was the director at Camp Newhoca. Ed LaPointe received the award for the Maintenance staff. A special recognition went out to Kathy Murphy for her years of help and dedication to the Parks and Recreation Department.

PUBLIC PARK FYI

Dogs Must Be Leashed ... Town ordinance requires dogs to be leashed on public property, including town parks. Also, please clean up after your dog. People (especially children) are playing everywhere! This is unhealthy and inconsiderate. Please don't give the majority of dog owners & dog lovers a bad reputation.

No Golf Allowed ... Town ordinance prohibits the play of golf at Public Parks. Golf is unsafe for others in the park and can cause damage to the turf.

Please Respect Your Property Town parks are your parks. THANK YOU!!!