

## Approved Minutes

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19 MAR 18 PM 4:09

1. Welcome :  
Members present: Kaitlin Carafa, Cassandra Zwarycz, Holly Hansen, Chris Luginbuhl, Philip Bunick, Cynthia Zingler, Kim McTighe, Katie Fontaine, Michelle Hill, Robin Kohler, and Steven Jackson
2. Review of 12/19/18 minutes:  
A motion to accept the draft minutes as presented was made and seconded. All voted in favor and the motion passed.
3. SPF refresher – Kaitlin Carafa  
It was decided to bump the SPF refresher to a future meeting when more new members are expected.
4. Real Talk Vernon
  - a. Real Talk poster locations  
Real Talk posters (4 targeted for parents and 4 for young people) have been placed strategically throughout the community including the Youth Services Bureau, the Cornerstone Teen Center, the Library, and other town depts., and VCMS and Rockville High School.
  - b. Real Talk stickers & window clings  
Stickers and Window Clings are also available to use and display.
  - c. Community Voice Channel – training 1/22-1/24  
The students involved in REAL TALK Vernon will be trained to use production equipment at the Community Voice channel at the end of the month. The idea is to have a Real talk production each month.
    - i. First “show” 1/24 – Michelle & Kaitlin The first production will be an interview with Michelle and Kaitlin.
    - ii. Volunteer for next show? The REAL TALK Vernon is looking for coalition members who would like to be interviewed for the February production.
5. STR mini-grant update
  - a. Provider Webinar? A training webinar for using the online prescription monitoring system was suggested in replacement of holding an out of office training for prescribers. This might be a more convenient way for Doctors and or admin staff to participate. The coalition is looking for the best way to engage prescribers in this training.
  - b. Narcan Training: A NARCAN training open to the community is planned to be scheduled for March.
6. Sustainability Plan
  - a. Report due to DMHAS 3/29/19  
A date for The Sustainability committee meeting has yet to be determined. Additional coalition members are encouraged to volunteer for this committee. More info on meeting date will follow.
7. Evaluation
  - a. Student Survey: The need for more accurate student data still exists. A new student survey is currently being identified and coordinated with Rockville High School Administration to administer within the next couple of months.
  - b. Annual Report: The evaluation committee members are scheduled to meet on January 29 at 11:00am to view the annual Vernon ROCKS evaluation report prepared by Professor Beth S. Russell, Ph.D. of

the University of Connecticut. The report was written based upon data collected from coalition member surveys and interviews, and community surveys.

8. Other Announcements;

- February 20 Kelly Fisher will be attending the Rockville High School Parent meeting. She will bring a trailer that is similar to the Hidden in plain Sight demonstration to show the parents how students can conceal substances using items which look like normal school, personal, or household type products. Vernon ROCKS will also be there as a resource.
- Volley ball Lock-in is planned for March 8<sup>th</sup> from 10:00pm- 6:00am. The Lock-in is a substance free event held at the High School.
- National Prevention week is May 13-18<sup>th</sup>. The Block party event planned by the coalition will be scheduled for May 11 or may 18.

9. Next Meeting: February 20<sup>th</sup>

Respectfully submitted by  
Michelle Hill

