

Approved Minutes

1. Welcome

Members present: Kaitlin Carafa, Urwa Hameed, Joanne Keyes, Michelle Hill, Morica Hutchison, Chris Luginbuhl, Phil Bunick, Melisa Luginbuhl, Robin Kohler, Aiman Hameed, Karen Colt, Richard Chernack

2. **Review of 2/21/18 minutes:** The draft minutes were reviewed. Robin Kohler moved to approve the draft minutes from the 2/21/18 meeting as presented. Kaitlin Carafa seconded the motion. All voted in favor and the motion to accept the 2/21/18 draft minutes as presented passed.

3. Updates

a. Change The Script Campaign –

- i. 30 second ad at Buckland Hills theatre (launching in April). A portion of the mini grant funds from DMHAS is being used to run the state's 30 second Change the Script Campaign ad on the big screen before the featured movie begins. The end of the ad includes a message that says, "Sponsored by the Vernon ROCKS coalition." This ad begins in April and will run for 6 weeks. Kaitlin will email out the preview of the ad to everyone.
- ii. Posters: Kaitlin announced that she has large posters with "Change the Script" messages for anyone who would like to display in their organization. A few of the town departments are currently displaying them.
- iii. Storage/Disposal Info cards are available to the community at Rockville Public Pharmacy and The Medicine Shoppe pharmacy. They are both handing out the cards with the prescription drug disposal bags to those when picking up their medication.

b. Narcan Training 3/12/18 – 19 people attended the training that was offered to the community at Rockville Public Library.

c. Letter to prescribers – 90 letters sent to area prescribers informing them of their responsibility to use the online prescription drug monitoring system and its importance. Follow up calls were made by students to ensure the letter was received and to address any questions. It was shared that there may be a challenges associated with using the system, because of lack of human resources.

d. Volleyball Lock-in: The volleyball lock in, a substance free event planned by the RHS peer advocates was held on March 16. Roughly 260 students participated.

e. Greater Vernon Holistic Health fest is a community event that features alternative practices to medication for healing and wellness. The Vernon ROCKS coalition is a silver sponsor for the event which will take place on April 7 and 8 from 10:00am-4:00pm

f. TIPS training for BrewFest volunteers – 4/9/18. TIPS (Training for Intervention procedures) will be held on 4/9/18 for all volunteers of the brew fest who will be checking identification. The goal is to increase the capacity of the community volunteers to prevent underage access to alcohol.

4. Data/Evaluation

a. ERASE 2017 Vernon Student Survey presentation: Melisa presented the key findings from the Student substance use survey administered in October 2017 to students at both VCMS and RHS.

b. Discussion/Next Steps: Discussion included acknowledging that less than half of senior class took the survey. Melissa also shared information about the correlation between perception of parent approval and substance use. Substance use was lower for those who perceived their parents to be disapproving of substance use.

c. Data committee: Kaitlin expressed the importance of establishing a data committee for the coalition. It was suggested the data team meet quarterly. Those interested in being on the data committee should inform Kaitlin.

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5. Vernon ROCKS Coalition Bylaws

The proposed bylaws were shared at the end of the 2/21/18 meeting for coalition members to review and give feedback. After a short discussion, Robin moved to accept the proposed bylaws as presented. Karen seconded the motion. All voted in favor of accepting the proposed bylaws. The motion to accept the proposed bylaws as presented passed.

6. National Prevention Week is taking place May 14-19

- a. Vernon ROCKS coalition will be holding a Kick-off Event 5/12/18 on Elm Street, outside of Union Church, KIDSAFE CT and the YMCA. The event will feature some fun activities for families as well as share community resources that promote prevention and intervention for addiction and substance abuse. Times and more details to be announced.
- b. April 19th prevention event taking place at the Yard Goats game. Families are encouraged to attend. Melisa will send out details of this event.

7. ERASE update

Melisa provided an ERASE update. State funds to support regional action councils has decreased. As a result ERASE has merged with the North Central Regional Mental Health Board (NCRMHB) to become the North Central Regional Behavior Health Action Organization (NCRBHAO). ERASE went from serving 15 towns to 37. This restructuring may change and evolve over the next couple of years.

Submitted by:

Michelle Hill

