

Director - Penny Rand
 Asst. Director - Ellen Ballos
 Secretary- Sela Saunders

VERNON SENIOR CENTER
 (860) 870-3680

Hours:
Mon - Thurs - 9:00 - 3:00
Friday 9:00 - 1:00

August 2010

August 2010							September 2010						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	5	6	7	8	9	10	11
8	9	10	11	12	13	14	12	13	14	15	16	17	18
15	16	17	18	19	20	21	19	20	21	22	23	24	25
22	23	24	25	26	27	28	26	27	28	29	30		
29	30	31											

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
					August 1 1:00pm Double Pinochle
2 10:30am Belly Dance/Bellyrobics 1:00pm Bingo	3 9:30am Chess 10:00am Line Dance Class 1:00pm Pinochle	4 9:30am Cribbage 1:00pm Mah Jongg 1:00pm Out to Lunch Bunch	5 9:00am Shopping 9:30am Colored Pencil class 1:00pm Mah Jongg 1:00pm Pinochle	6 10:00am Set Back 10:00am Tai Chi 10:30am Writing Class 6:00pm Double Pinochle	7 1:00pm Double Pinochle
9 10:30am Belly Dance/Bellyrobics 1:00pm Bingo	10 9:30am Chess 10:00am Line Dance Class 1:00pm Pinochle 1:00pm Drum Circle	11 9:00am Blood Pressure Screening 9:30am Cribbage 11:00am Country Luncheon 1:00pm Mah Jongg	12 9:00am Shopping 9:30am Colored Pencil class 1:00pm Mah Jongg 1:00pm Pinochle	13 10:00am Set Back 10:00am Tai Chi 10:30am Writing Class 6:00pm Double Pinochle	14 1:00pm Double Pinochle
16 10:30am Belly Dance/Bellyrobics 1:00pm Bingo	17 9:30am Chess 10:00am Line Dance Class 1:00pm Pinochle	18 9:00am Charles River Boston Trip departs 9:30am Cribbage 1:00pm Mah Jongg	19 9:00am Shopping 9:30am Colored Pencil class 1:00pm Mah Jongg 1:00pm Pinochle	20 10:00am Set Back 10:00am Tai Chi 6:00pm Double Pinochle	21 1:00pm Double Pinochle
23 10:30am Belly Dance/Bellyrobics 1:00pm Bingo	24 9:30am Chess 1:00pm Pinochle	25 9:30am Cribbage 10:00am Knitting Group 1:00pm Mah Jongg	26 9:00am Shopping 9:30am Colored Pencil class 1:00pm Mah Jongg 1:00pm Pinochle	27 10:00am Set Back 10:00am Tai Chi 6:00pm Double Pinochle	28 1:00pm Double Pinochle
30 10:30am Belly Dance/Bellyrobics 1:00pm Bingo	31 9:30am Chess 1:00pm Pinochle				

SCRABBLE
Mon & Tues
1:00 PM

FOOT CARE
August 5 & 12
 Call for appointment

DOMINOS
Tues @ 1:00 PM
Thurs @ 10:00 AM