

Computer Lab
Open: Mon 9:30 - 11:00 am
Thurs 11:00 - 12:00 noon

VERNON SENIOR CENTER
860-870-3680

Hours: Monday - Friday
9:00 - 3:00

November 2014

November 2014							December 2014						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
2	3	4	5	6	7	8	1	2	3	4	5	6	7
9	10	11	12	13	14	15	8	9	10	11	12	13	14
16	17	18	19	20	21	22	15	16	17	18	19	20	21
23	24	25	26	27	28	29	22	23	24	25	26	27	28
30							29	30	31				

	Monday	Tuesday	Wednesday	Thursday	Friday
Nov 3 - 7	Nov 3 9:30am Mah Jongg Lessons 9:30am Senior Fitness Class 9:30am Shuffleboard Tournament 10:00am Walking Group 1:00pm Chair Yoga 1:30pm "Diabetes: Don't Sugar Coat It"	4 9:30am Line Dance 10:00am Ladies Billiards 10:00am New to Dominos? 1:00pm Drawing Class 1:00pm Out to Lunch Bunch 1:30pm Medicare Presentation	5 9:45am Cribbage 10:00am Fall Prevention presentation 11:00am Zumba Gold 1:00pm Canasta 1:00pm Movie - "Nebraska"	6 9:00am Foot Care 9:30am Strollers - walking group 10:00am Dominos 11:45am "Wicked" trip departs	7 9:00am Table Massage 10:00am Tai Chi 12:30pm Wii Bowling 1:00pm Bridge
Nov 10 - 14	10 9:30am Mah Jongg Lessons 9:30am Shuffleboard Tournament 10:00am Walking Group 12:00pm MCC Noon Institute	11 Center Closed - Veterans Day	12 9:00am Blood Pressure/Blood Sugar 9:45am Cribbage 10:00am Crochet & Knitting 12:30pm Crazy Whist 1:00pm Canasta 1:00pm Zumba Gold	13 9:00am Foot Care 9:30am Strollers - walking group 10:00am Dominos	14 9:00am Table Massage 9:30am Walmart, E. Windsor bus trip 10:00am Tai Chi 12:30pm Wii Bowling 1:00pm Bridge
Nov 17 - 21	17 9:30am Senior Fitness Class 9:30am Shuffleboard Tournament 10:00am Walking Group 1:30pm Financial Legacy	18 9:30am Advisory Board Meeting 9:30am Line Dance 10:00am Ladies Billiards 10:00am New to Dominos? 1:00pm Drawing Class	19 9:45am Cribbage 11:45am AARP Safe Driving Class 12:00pm Basic Computer Class 1:00pm Canasta 1:00pm Zumba Gold	20 9:30am Strollers - walking group 10:00am BOOK CLUB 10:00am Dominos	21 9:00am Table Massage 10:00am Tai Chi 12:30pm Wii Bowling 1:00pm Bridge 1:30pm Bingo for Turkeys-
Nov 24 - 28	24 9:30am Mah Jongg Lessons 9:30am Senior Fitness Class 9:30am Shuffleboard Tournament 10:00am Walking Group	25 10:00am Ladies Billiards 10:00am New to Dominos? 1:00pm Drawing Class	26 9:45am Cribbage 10:00am Crochet & Knitting 12:00pm Basic Computer Class 1:00pm Canasta 1:00pm Movie "Scent of a Woman" 1:00pm Zumba Gold	27 Center Closed - Thanksgiving Day	28 Center Closed - Thanksgiving Holiday

ONGOING GAMES:

MONDAYS - Mah Jongg - 9:30
Bingo & Hearts - 1:00 pm
TUESDAYS - Chess 9:30 am
Pinochle & Dominos - 1:00 pm
Scrabble - 1:00 pm

WEDNESDAYS - Cribbage 9:45
Canasta & Billiards - 1:00 pm
THURSDAY - Dominos - 10:00
Mah Jongg & Pinochle - 1:00 pm

FRIDAYS - Setback - 9:45 am
Wii Bowling - 12:30 pm
Billiards - 1:00 pm