

~ Computer Lab ~
 Open Mon., Tues., Thurs., & Fri.
 10:00 am - 3:00 pm

VERNON SENIOR CENTER
 (860) 870-3680

Hours:
 Monday - Friday- 9:00 - 3:00

September 2011					September 2011							October 2011						
					S	M	T	W	T	F	S	S	M	T	W	T	F	S
					4	5	6	7	8	9	10	2	3	4	5	6	7	8
					11	12	13	14	15	16	17	9	10	11	12	13	14	15
					18	19	20	21	22	23	24	16	17	18	19	20	21	22
					25	26	27	28	29	30		23	24	25	26	27	28	29
												30	31					

	Monday	Tuesday	Wednesday	Thursday	Friday
Aug 29	30	31	Sep 1	2	
Aug 29 - Sep 2				9:00am Shopping 9:30am Foot Care	9:00am Table Massage 10:00am Tai Chi 12:30pm Wii Bowling League 1:00pm Bridge
5	6	7	8	9	
Sep 5 - 9	Center Closed - Labor Day	10:00am Ladies Pool 1:00pm Drawing Class	1:00pm Out to Lunch Bunch 3:00pm Zumba	9:00am Shopping 9:30am Foot Care	9:00am Table Massage 10:00am Tai Chi 12:30pm Wii Bowling League 1:00pm Bridge
12	13	14	15	16	
Sep 12 - 16	10:00am Chorus 10:00am Shuffleboard 1:00pm Bingo 1:00pm September Birthday Party!	10:00am Computer Class 10:00am Informational Meeting - Cruise 10:00am Ladies Pool 1:00pm Drawing Class 1:00pm Senior Drum Circle	9:00am Blood Pressure/Blood Sugar Screening 10:00am Nordic Walking Seminar 1:00pm Blood Drive 3:00pm Zumba	9:00am Shopping 10:00am Book Club 10:00am Painting Class	9:00am Table Massage 10:00am Tai Chi 12:30pm Wii Bowling League 1:00pm Bridge 1:30pm Flu Clinic
19	20	21	22	23	
Sep 19 - 23	10:00am Chorus 10:00am Shuffleboard 12:30pm Crazy Whist 1:00pm Bingo 1:00pm Yoga	9:30am Advisory Board 9:30am Beginners Line Dance 10:00am Computer Class 10:00am Ladies Pool 10:45am Line Dance 1:00pm Drawing Class	10:00am Nordic Walking Seminar 12:00pm Big E Trip 3:00pm Zumba	9:00am Shopping 10:00am Hearing Screening 10:00am Painting Class 1:30pm Newcomers Club	9:00am Table Massage 10:00am Tai Chi 12:00pm Bob Steele Program 12:30pm Wii Bowling League 1:00pm Bridge
26	27	28	29	30	
Sep 26 - 30	10:00am Chorus 10:00am Shuffleboard 1:00pm Bingo 1:00pm Popcom and a Movie - (Featuring "Marley & Me") 1:00pm Yoga	9:30am Beginners Line Dance 10:00am Computer Class 10:00am Ladies Pool 10:45am Line Dance 1:00pm Drawing Class	10:00am Knitting 10:00am Nordic Walking 1:30pm Medicare Presentation 3:00pm Zumba	8:30am Newport Trip departs 9:00am Shopping 10:00am Painting Class	9:00am Table Massage 10:00am Tai Chi 12:00pm Senior Center Month Celebration 12:30pm Wii Bowling League 1:00pm Bridge

ONGOING GAMES:
 Bingo - Mon @ 1:00 pm
 Pinochle - Tues & Thurs @ 1 pm
 Dominos - Tues @ 1 pm & Thurs @ 10 am

Chess - Tues @ 9:30 am
 Scrabble - Tues @ 1pm
 Cribbage - Wed @ 9:45 am

Mah Jongg - Mon @ 9:30 am, Wed & Thurs @ 1 pm
 Setback - Fri @ 10 am
 Pool - Wed & Fri @ 1pm