



North Central District Health Department

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Patrice A. Sulik, MPH, R.S.
Director of Health

NORTH CENTRAL DISTRICT HEALTH DEPARTMENT
BOARD OF DIRECTORS
MINUTES OF REGULAR MEETING
Wednesday, October 10, 2018
East Windsor Town Hall Conference Room
11 Rye Street
Broad Brook, Connecticut 06106

RECEIVED
VERNON TOWN CLERK
18 NOV -8 PM 12:32

Members Present: Shannon Grant, Fred Journalist, Len Norton, Maria Whelden, Trish Vayda, Ben Rodriguez, Catherine Rebai, Diane Wheelock, William Meier.

Members Absent: Linda DeGray, Ken Nelson, Maurice LaRosa, Mary Ann Turner, Dianne Trueb, Mary Schwab, Victor Mathieu, Matthew Maynard, Rick Zulick, Dawn Maselek.

Also Present: Patrice Sulik, Director of Health

Call to Order/Determination of Quorum

Chairman Diane Wheelock convened the meeting at 7:00 p.m. after determining there was a quorum present.

Executive Session - Real Estate Discussion

Motion was made by William Meier and seconded by Ben Rodriguez to enter Executive Session at 7:01 p.m. The motion carried unanimously.

The Board came out of Executive Session at 7:07 p.m.

Chairman's Report

Diane raised the topic of the opioid crisis and its significance to our Member-Towns. Diane requested that the Board discuss the possibility of assigning a portion of the undesignated fund balance to provide funds to each Member-Town to prepare an informational brochure or something similar that would increase residents' understanding about the issue.

The Board discussed the issue and how to go about possibly providing a one-time grant to each Town. Each grantee would work closely with the Health District to accomplish the work of the grant.

There was consensus that the next step should be inviting any available Board Members to the Health District's next Opioid Advisory Group meeting which is scheduled for October 25th. After that meeting, the Short and Long-Term Planning Committee will meet to work on a proposal for Board consideration.

Director of Health Update

Patrice updated the Board on recent activities and additional grant funding that will be received by the Health District.

Committee Updates and Discussions

Finance Committee – Maria Whelden, Chairman - Maria reviewed the financials with the Board.

Short & Long-Term Planning Committee – Ben Rodriguez, Chairman - Ben would like to have employee presentations at Board Meetings when appropriate. Doing so would align with the strategic objective of improving Board-Employee relationship. There was a discussion of starting with something less formal. The Board will consider having refreshments prior to a meeting and inviting employees.

Capital Improvements Committee – Mary Ann Turner, Chairman

Personnel Committee – Linda DeGray, Chairman

New Business

1. The New Population Figure Estimates provided by CT Department of Public Health, were reviewed.
2. **Motion** was made by William Meier, seconded by Ben Rodriguez to approve the proposed Calendar of Regular Board Meeting dates, as presented. The motion carried unanimously.
3. Discussion of New Administrative Position - Much discussion ensued regarding the job descriptions and proposed wage steps that were presented.

Executive Session – Personnel Matters

Motion was made by Cathy Rebai and seconded by Ben Rodriguez to enter Executive Session to discuss Personnel Matters at 8:50 PM. The motion carried unanimously.

The Board came out of Executive Session at 9:30 p.m.

Motion was made by Ben Rodriguez and seconded by Shannon Grant, to change the job title from "Coordinator" to "Secretary". The motion carried unanimously.

Finalizing the job descriptions that were being considered as well as the wage steps for the senior administrative position will be continued. Board Members will provide feedback and these items will be reconsidered at the November Regular Meeting.

4. Discussion of Health Insurance Renewal

The options for Health Insurance were reviewed and discussed. The CT Partnership Plan and the Anthem Silver Plan were both considered. There was much discussion regarding premium increase history as well as cost increases to the agency as well as the employees.

It was mentioned that the District should explore obtaining insurance under one of the Member-Towns as an option in the future.

Motion was made by William Meier and seconded by Shannon Grant to select the CT Partnership Plan. The motion carried 6-3, with Diane Wheelock, Cathy Rebai and Len Norton voting against.

Adoption of Minutes

Motion was made by Cathy Rebai, seconded by Maria Whelden to approve the Minutes of September 12, 2018, as presented. The motion carried unanimously.

Adjournment

There being no further business to discuss, a motion was made by Ben Rodriguez and seconded by Cathy Rebai to adjourn. The motion carried unanimously, and the meeting adjourned at 10:19 p.m.

Respectfully submitted,

Patrice A. Sulik
Secretary/Treasurer

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Next Board Meeting – Wednesday, November 14, 2018, Vernon Office Conference Room, 375 Hartford Turnpike, Vernon, Connecticut 06066