



# North Central District Health Department

- ☐ Enfield—31 North Main Street, Enfield, CT 06082 \* (860) 745-0383 Fax (860) 745-3188
- ☐ Vernon—375 Hartford Turnpike, Room 120, Vernon, CT 06066 \* (860) 872-1501 Fax (860) 872-1531
- ☐ Windham—Town Hall, 979 Main Street, Willimantic, CT 06226 \* (860) 465-3033 Fax (860) 465-3034
- ☐ Stafford—Town Hall, 1 Main Street, Stafford Springs, CT 06076 \* (860) 684-5609 Fax (860) 684-1768

Patrice A. Sulik, MPH, R.S.  
Director of Health

NORTH CENTRAL DISTRICT HEALTH DEPARTMENT  
BOARD OF DIRECTORS  
MINUTES OF SPECIAL MONTHLY MEETING  
October 11, 2017  
NCDHD Headquarters  
31 North Main Street  
Enfield, Connecticut

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**Members Present:** Diane Wheelock, Mary Ann Turner, Linda DeGray, Maurice La Rosa, Valerie Romano, Ken Nelson, Jr., Fred Journalist, Dianne Trueb, Trish Vayda, Ben Rodriguez, Cathy Rebai, Len Norton, Maria Whelden, Bill Meier and Rick Zulick

**Members Absent:** Mary Schwab, Matthew Maynard, Dawn Maselek, and Vic Mathieu

**Also Present:** Patrice Sulik, Director of Health, and Jeff Knapp of Brown and Knapp

### Call to Order/Determination of Quorum

New Enfield Board Member, Ken Nelson, was introduced to the Board. He is a builder, contractor and real estate broker. He was the former Deputy Mayor of Enfield for eight years and was the Council liaison to the Health Department during that time.

Chairman Diane Wheelock convened the Special Meeting at 7:01 p.m. after determining there was a quorum present.

### Chairman's Report

The Chairman requested the Board review the By-Laws to be discussed at the next meeting.

Insurance Broker, Jeff Knapp gave a report on renewing the employee health insurance for the year beginning December 1, 2017.

There was a 31% increase to renew the current Aetna Gold policy; several other options were reviewed, and an Anthem Silver plan with a high deductible was being proposed for the coming year with the District contributing a portion of the deductible to a Health Saving Account (Option 3). The deductibles for this plan would be \$3,000 for individuals and \$6,000 for families.

Discussion ensued regarding costs, both for the present, and looking forward. Managing costs for the taxpayer was discussed as well as maintaining current staffing through competitive benefits.

Dianne Trueb made a motion, seconded by Ben Rodriguez, to select the proposed Anthem Silver plan and keep the employee premium cost-share at 16%. The vote was ten in favor, and five against (Turner, LaRosa, Nelson, DeGray, and Norton). The motion carried.

Bill Meier made a motion, seconded by Rick Zulick, for the District to contribute 70% of the deductible to a health savings account for the first year. The vote was eight in favor, and seven against (Turner, LaRosa, Nelson, DeGray, Romano, Norton and Whelden). The motion carried.

Jeff Knapp left the meeting at this time.

### **Director of Health Report**

The District held five information sessions regarding the FDA Code changes for food service establishments. Approximately 112 people attended.

We do not yet have a contract for the Opioid grant, but we were asked to provide feedback on draft contract language for this new endeavor.

According to our Food Inspection quarterly numbers, we are increasing the number of inspection conducted over last year.

CCAT (IT contractor) has been assessing our IT system and concerns in order to provide us with a proposal and recommendations for a new contract. Patrice will be meeting with them next week to discuss their findings and recommendations.

We have held one flu clinic with Enfield Police Department. It was well-received. There will be two more clinics held at the Enfield Town Hall next week and we will be setting up clinics for Vernon employees as well. Each insurance company reimburses the Health District according to their individual contracts and financials will be presented to the Board when they are available.

### **Committee Updates and Discussion**

Finance Committee – Maria Whelden, Chair, reported that budget work has begun and the Committee has some questions for the auditor. Patrice will work up a draft budget for the Finance Committee to review. All Board Members are invited to attend to review the proposed budget closely.

Short & Long Term Committee – Ben Rodriguez, Chair –will be sending out a Health Status and SWAT Analysis survey for the Board to use to vote on goals to be set for next year.

Building Committee – Mary Ann Turner, Chair – reported that there were no meetings scheduled yet but will try to have one in October to go over quotes received for work to be done. Ken Nelson has expertise in this area and will be a strong asset for the Committee.

Personnel Committee – Linda DeGray, Chair reported that they had one brief meeting and have decided to mentor Patrick Getler into Len Nelson's Emergency Preparedness Coordinator position.

### **Adoption of Minutes**

Mary Ann Turner made a motion, seconded by Trisha Vayda, to approve the Minutes of September 13, 2017. The motion carried with Len Norton and Ken Nelson abstaining.

### **Adjournment**

A motion was made by Valerie Romano and seconded by Linda DeGray, to adjourn. There being no further business before the Board, the motion carried unanimously and the meeting adjourned at 9:25 p.m.

Respectfully submitted,

Patrice Sulik  
Secretary/Treasurer