

**HVCC BASIC NEEDS Helps  
Prevent Hunger**

- Tri-Town Food Pantry
- Children's snack program
- Workshops on life needs
- Information about and assistance in applying for energy assistance and other social service programs

For low income individuals & families

Fees: None

(860) 872-7727

**HVCC: Helping our neighbors  
for over 40 years!**

**HVCC COUNSELING Helps**

**MENTAL HEALTH &  
SUBSTANCE ABUSE SERVICES**

- Family Violence Counseling
- Marriage & Family Therapy
- Individual Therapy
- Group Therapy
- Psychiatric Therapy

For people in crisis to keep families together and promote mental health.

Fees: Sliding Scale  
(Medicare, Medicaid, and some other insurances accepted)

(860) 872-9825

HVCC Counseling Department  
27 Naek Road, Suite 4  
Vernon, CT

**HVCC ELDER SERVICES Helps**

Provide information and support to ensure independence

Vernon residents aged 60 and over

- Outreach & Social Support
- Counseling & Case Management
- Friendly Visitors,
- Volunteer & Teen Chore Services

Fees: None

(860) 872-9825

**HVCC TRANSPORTATION Helps**

Dial-A-Ride provides wheelchair accessible transportation

to medical, work, personal, business, or social appointments

for Vernon, East Hartford, Ellington, Manchester, and Tolland persons aged 60 and over and disabled persons of all ages.

Voluntary donation of \$1 per ride (\$2 per round trip)

(860) 870-7940

**HVCC THRIFT STORE Helps**

Good Cents Treasures  
30 Lafayette Square  
Vernon, CT 06066

*Vernon's Best Second-Hand Shopping Experience*

Proceeds from the thrift store help to support all HVCC programs.

All types of donations are needed and graciously accepted.

(860) 871-1959



# HVCC MISSION

Hockanum Valley Community Council, Inc. is an independent, non-profit human service agency. It is dedicated to meeting the needs of residents of the Tolland County area.

HVCC provides services to individuals and/or families in a manner which will promote independence while assuring that basic needs are met regardless of ability to pay.

HVCC services are available without regard to race, color, creed, gender, sexual orientation, disabilities, learning disabilities, national origin, ancestry, or language barriers.

(2011)

## VOLUNTEERS

are needed and welcomed  
in all programs!

Call 860-872-8925 for  
information about volunteering.



## FUNDING PROVIDED BY

- Individuals, organizations, corporations, foundations, and municipalities
- United Way of Central and Northeast Connecticut
- The Older Americans Act through the North Central Area Agency on Aging
- Other federal and state grants

Basic Needs  
Counseling  
Elder Services  
Thrift Store  
Transportation



# Hockanum Valley Helps...

David A. Engelson  
Chief Executive Officer

Hockanum Valley Community Council, Inc.  
29 Naek Road, Suite 5A  
Vernon, CT 06066  
Phone: (860) 872-7727  
Website: [www.hvcchelps.org](http://www.hvcchelps.org)  
E-Mail: [hvcc@hvcchelps.org](mailto:hvcc@hvcchelps.org)

HVCC is a 501(c) (3) non-profit organization